



COMPETITION PROGRAMME

Day 1			Day 2			Day 3			Day 4			Day 5			Day 6		
Tuesday 2 July			Wednesday 3 July			Thursday 4 July			Friday 5 July			Saturday 6 July			Sunday 7 July		
9:30			9:30			9:30			9:30			9:30			9:30		
Heats	Women	200 M Freestyle	Heats	Women	100 M Butterfly	Heats	Women	200 M Backstroke	Heats	Women	100 M Freestyle	Heats	Men	100 M Freestyle	Heats	Women	400 M Freestyle
Heats	Men	200 M Freestyle	Heats	Men	200 M Ind Medley	Heats	Men	100 M Butterfly	Heats	Men	400 M Ind Medley	Heats	Women	100 M Backstroke	Heats	Men	400 M Freestyle
Heats	Women	400 M Ind Medley	Heats	Women	50 M Freestyle	Heats	Men	200 M Backstroke	Heats	Women	200 M Butterfly	Heats	Men	100 M Breaststroke	Heats	Women	4 x 100 M Medley
Heats	Women	50 M Backstroke	Heats	Men	1500 M Freestyle	Heats	Women	200 M Breaststroke	Heats	Mixed	4 x 100 M Medley	Heats	Women	100 M Breaststroke	Heats	Men	4 x 100 M Medley
Heats	Men	50 M Backstroke	Heats	Mixed	4 x 100 M Freestyle	Heats	Men	50 M Freestyle	Heats	Women	800 M Freestyle	Heats	Men	100 M Backstroke	18:00		
Heats	Women	50 M Breaststroke	18:00			Heats	Men	200 M Breaststroke	Heats	Men	800 M Freestyle	Heats	Women	50 M Butterfly	Final	Women	200 M Ind Medley
Heats	Men	50 M Breaststroke	Final	Women	200 M Freestyle	Heats	Women	4 x 200 M Freestyle	18:00			Heats	Men	50 M Butterfly	Final	Women	100 M Backstroke
Heats	Men	200 M Butterfly	Final	Men	200 M Freestyle	18:00			Final	Men	100 M Butterfly	Heats	Women	200 M Ind Medley	Final	Men	100 M Backstroke
Heats	Women	4 x 100 M Freestyle	Final	Women	50 M Backstroke	Semi	Women	200 M Backstroke	Semi	Women	100 M Freestyle	Heats	Men	4 x 200 M Freestyle	Final	Women	100 M Breaststroke
Heats	Men	4 x 100 M Freestyle	Final	Men	50 M Backstroke	Final	Men	200 M Ind Medley	Final	Men	200 M Breaststroke	18:00			Final	Men	100 M Freestyle
Heats	Women	1500 M Freestyle	Semi	Women	100 M Butterfly	Final	Women	50 M Freestyle	Semi	Women	200 M Butterfly	Final	Women	200 M Butterfly	Final	Men	100 M Breaststroke
18:00			Semi	Men	200 M Ind Medley	Semi	Men	50 M Freestyle	Final	Men	50 M Freestyle	Semi	Men	100 M Freestyle	Final	Women	50 M Butterfly
Final	Women	400 M Ind Medley	Final	Women	50 M Breaststroke	Semi	Women	200 M Breaststroke	Final	Women	200 M Breaststroke	Final	Women	100 M Freestyle	Final	Men	50 M Butterfly
Semi	Women	200 M Freestyle	Final	Men	50 M Breaststroke	Semi	Men	200 M Breaststroke	Final	Men	200 M Backstroke	Semi	Men	100 M Backstroke	Final	Women	400 M Freestyle
Semi	Men	200 M Freestyle	Semi	Women	50 M Freestyle	Semi	Men	200 M Backstroke	Final	Women	200 M Backstroke	Semi	Women	100 M Breaststroke	Final	Men	400 M Freestyle
Semi	Women	50 M Backstroke	Final	Men	200 M Butterfly	Final	Women	100 M Butterfly	Final	Men	400 M Ind Medley	Semi	Men	100 M Breaststroke	Final	Women	4 x 100 M Medley
Semi	Men	50 M Backstroke	Final	Women	1500 M Freestyle	Semi	Men	100 M Butterfly	Final	Mixed	4 x 100 M Medley	Semi	Women	50 M Butterfly	Final	Men	4 x 100 M Medley
Semi	Women	50 M Breaststroke	Final	Mixed	4 x 100 M Freestyle	Final	Men	1500 M Freestyle				Semi	Men	50 M Butterfly			
Semi	Men	50 M Breaststroke				Final	Women	4 x 200 M Freestyle				Semi	Women	200 M Ind Medley			
Semi	Men	200 M Butterfly										Semi	Women	100 M Backstroke			
Final	Women	4 x 100 M Freestyle										Final	Men	800 M Freestyle			
Final	Men	4 x 100 M Freestyle										Final	Women	800 M Freestyle			
												Final	Men	4 x 200 M Freestyle			